

AHAVAS YISROEL SYNAGOGUE

731 N. LA BREA AVE, LOS ANGELES, CA 90038
323-937-1247 WWW.AYSHUL.COM

RABBI'S ROSH HASHANA 5773 MESSAGE

A Different Way to Prepare for Rosh Hashana

By Rabbi Chaim Zev Citron

During my recent travels a very minor occurrence set me to thinking.

I was davening as a stranger in a Shul. One of the daveners approached me and motioned to one of the tzitzis of my talis. It turned out that as I had sat down, one of the tzitzis was touching the floor. The stranger wanted me to pick up the tzitzis (which indeed one should).

Of course, I readjusted the tzitzis, but I have to admit I wasn't terribly impressed with my corrector. He hadn't given me "Shalom Aleichem" or good morning. He was concerned with my tzitzis, not with me.

Don't get me wrong. I was happy to be corrected. But still...

This was in marked contrast with another incident that took place while traveling a few years ago. That time, too, I was a stranger davening shachris in a little Shul. After davening, one of the congregants approached me and gave me a cheerful Shalom Aleichem. "Do you have a place to eat?" he asked me. "Please come to my house for breakfast." I assured him that I was taken care of

and thanked him for his kind offer. Now with *this* stranger, I was impressed. Quite impressed.

We can go through life ignoring the needs of others, be they strangers or friends. Or we can go through life correcting the minor errors of others, such as the tzitzis on the floor, but not really caring about others as people. Or we can extend friendship and care to others, be they strangers or friends. We can practice, not merely preach, ahavas yisroel in our relationship with others. We can learn to care. We can learn to be there with friendliness to all and especially with concern for and openness to the physical, emotional, and spiritual needs of our family, friends, neighbors, and acquaintances.

This Elul and Tishrei, as we work to come closer to G-d through prayer, Torah, mitzvos, and t'shuva, let's also come close to our fellow-man by showing concern and caring.

It's okay to pick up the tzitzis, but don't forget to invite them to breakfast.

Kesiva v'Chasima Tova. May you all be written and inscribed in the Book of Life. We wish you a good and sweet new year!

CLASSES SCHEDULE

Classes take place at the Shul unless otherwise indicated. Classes are free.

Daily Daf Hayomi:

Monday-Friday, 7:20 a.m., Sunday:
7:15 a.m.

Shabbos afternoon: 1 hour before
candle-lighting time

Gemora (Intermediate Level):

Tractate Yoma

Tuesday, 8:00 – 9:00 p.m.

Tanach: The Book of Isaiah

Thursday, 8:00 – 9:00 p.m., at JLE,
512 N. La Brea

Likkutei Torah or Torah Ohr

Shabbos morning, 8:00 a.m.

(Shabbos mevorchim, 8:30 a.m.)

Chumash and Tanya every morning before and after davening

Reb Efraim Lezak

For Russian speakers:

Sefer Hachinuch: Monday, 8:00 –
9:30 p.m.

Beginner's Chumash: Thursday,
8:00 – 9:30 p.m.

Rabbi Eli Vcherashansky

DAVENING SCHEDULE

Weekdays: Monday-Friday, 6:30 a.m.

Sundays, 8:00 a.m.

Shabbos:

Friday Mincha, 5 minutes after candle-lighting,
followed by Kabbolas Shabbos

Shabbos morning, 9:00 a.m.

Mincha followed by Shalosh Seudos and
Ma'ariv, 10 minutes before candle-lighting time.

MAZEL TOVS!

Engagements:

Moshe and Miriam Fishman on the engagement of their son, Naftali, to Shterna Rapp of Melbourne.

Margalit Miller on the engagement of her son, Mimoun, to Nechama Levi of Yerushalayim.

Rabbi Dovid and Rebbetzin Sara Mishulovin on the engagement of their grandson, Shneur Zalman Tevel, to Mushka Reinitz.

Chasunos:

Ilana Avila on her marriage to Yossi Basman. Mazel tov to her parents, Moshe and Chana Avila, and to the siblings, nieces, and entire extended family.

Ofra Flax on the marriage of her daughter, Ronit Lieberman, to Jacob Geledjinski.

Rachel and Mike Malkin on the marriage of their son, Beni, to Tzirel Leah Pritzker.

Zalmy Perlman, son of Dr. Sarah Perlman and her husband Lipa Ber a"h, on his marriage to Mushky Rothstein of Baltimore (a niece of Rachel Malkin's).

Births:

Mendel and Sarah Malka Gottlieb on the birth of their son, Shmuel. Mazel tov to the grandparents, Yerachmiel and Chana Kahn, and the entire extended family.

Alex and Sheyna Ganzburg on the birth of their daughter, Sara. Mazel tov to the grandparents, Mendel and Chana Ganzburg, and the entire extended family.

Miriam and Moshe Fishman on the birth of a granddaughter, born to their daughter Malka and her husband Levi Lesches, and another granddaughter, born to their son Menachem Mendel and his wife Sara of Toronto.

Mushka Lightstone on the birth of a grandson Menachem Mendel and to the parents Mordechai and Chana Lightstone of Crown Heights.

Juniper and Avraham Greenstein on the birth of their little girl, Tabitha Shabbat. Mazel tov to the grandparents, Rabbi Yossi and Rae Shagalov.

Ofra Flax on the birth of a grandson to her daughter, Ilanit Yehudit and her husband, Mordy Gluckowsky.

Yaakov and Estie Avila on the birth of their daughter, Nechama Dina. Mazel tov to the grandparents, Yerachmiel and Chana Kahn, and the entire extended family.

Rabbi Ben-Zion and Chana Mishulovin on the birth of a granddaughter, Shira. Mazel tov to the great-grandparents, Rabbi Dovid and Rebbetzin Sara Mishulovin.

Rabbi Dovid and Rebbetzin Sara Mishulovin on the birth of a great-granddaughter, Chana.

Bar Mitzvahs:

Rabbi Ben-Zion and Chana Mishulovin on the Bar Mitzvah of their son, Levi Yitzchak.

Efraim and Yocheved Lezak on the Bar Mitzvah of their son, Menachem Mendel.

Elozor and Shoshana Bracha Plotke on the Bar Mitzvah of their son Yosef Yitzchak.

Al and Nana Rushka Stark on the Bar Mitzvah of their son, Moshe Dov Ber.

CONDOLENCES

Bernice Lipsitz on the loss of her daughter, Sharon.

Margalit Vinograd on the loss of her sister, Yardenia.

Elul-Tishrei Schedule 5772-5773

Morning davening for Shabbos and YomTov is always 9:00 a.m. and is not listed in this schedule. Weekday Shacharis is 6:30 a.m. unless otherwise indicated.

First Slichos	Sat. nt./Sun. morn., 22 Elul (Sept. 9th)	1:00 a.m.
Slichos	Mon.-Fri. 23-27 Elul (Sept. 10-14)	6:15 a.m.
Erev Rosh Hashana—Slichos, Shachris, Hatoras Nedarim	Sun., 29 Elul (Sept. 16)	7:30 a.m.
Eve of Rosh Hashana—Candle-lighting	Sun., 29 Elul (Sept. 16)	6:40 p.m.
1 st Day Rosh Hashana—Shofar Blowing	Mon., 1 Tishrei (Sept. 17)	approx. 11:30 a.m.
1 st Day Rosh Hashana—Mincha, Tashlich, Ma'ariv	Mon., 1 Tishrei (Sept. 17)	5:45 p.m.
2 nd Eve Rosh Hashana—Candle-lighting	Mon., 2 Tishrei (Sept. 17)	7:40 p.m.
2 nd Day Rosh Hashana—Shofar Blowing	Tues., 2 Tishrei (Sept. 18)	approx. 11:30 a.m.
2 nd Day Rosh Hashana—Mincha, Ma'ariv	Tues., 2 Tishrei (Sept. 18)	6:10 p.m.
Tzom Gedalia—Fast begins	Wed., 3 Tishrei (Sept. 19)	5:25 a.m.
Tzom Gedalia—Shachris	Wed., 3 Tishrei (Sept. 19)	6:20 a.m.
Tzom Gedalia—Fast ends	Wed., 3 Tishrei (Sept. 19)	7:34 p.m.
Eve of Shabbos Teshuva—Candle-lighting	Fri., 5 Tishrei (Sept. 21)	6:33 p.m.
Shabbos—Mincha	6 Tishrei (Sept. 22)	6:10 p.m.
Erev Yom Kippur—Shachris	Tues., 9 Tishrei (Sept. 25)	7:00 a.m.
Erev Yom Kippur—Mincha	Tues., 9 Tishrei (Sept. 25)	3:00 p.m.
Erev Yom Kippur—Candle-lighting	Tues., 9 Tishrei (Sept. 25)	6:27 p.m.
Yizkor, Yom Kippur	Wed., 10 Tishrei (Sept. 26)	approx. 12:00 noon
Ne'ila	Wed., 10 Tishrei (Sept. 26)	6:15 p.m.
Fast ends	Wed., 10 Tishrei (Sept. 26)	7:26 p.m.
Eve of 1 st Nt. Sukkos—Candle-lighting	Sun., 14 Tishrei (Sept. 30)	6:20 p.m.
1 st Night Sukkos—Mincha, Ma'ariv	Sun., 14 Tishrei (Sept. 30)	6:25 p.m.
1 st Day Sukkos—Mincha, Ma'ariv	Mon., 15 Tishrei (Oct. 1)	6:25 p.m.
2 nd Night Sukkos—Candle-lighting	Mon., 15 Tishrei (Oct. 1)	7:20 p.m.
Chol HaMoed Sukkos—Shachris	Wed. – Fri., 19-21 Tishrei (Oct. 3-5)	7:00 a.m.
Eve of Shabbos Chol HaMoed—Candle-lighting	Fri., 16 Tishrei (Oct. 5)	6:13 p.m.
Shabbos Chol HaMoed—Mincha-Ma'ariv	Sat., 17 Tishrei (Oct. 6)	6:00 p.m.
Hoshana Raba—Shachris	Sun. 21 Tishrei (Oct. 7)	8:00 a.m.
Eve of Shemini Atzeres—Candle-lighting	Sun., 21 Tishrei (Oct. 7)	6:11 p.m.
Shemini Atzeres—Mincha, Ma'ariv, Hakafof	Sun., 21 Tishrei (Oct. 7)	6:15 p.m.
Shemini Atzeres—Yizkor	Mon., 22 Tishrei (Oct. 8)	approx. 10:30 a.m.
Simchas Torah—Mincha, Ma'ariv Hakafof	Mon., 22 Tishrei (Oct. 8)	6:15 p.m.
Simchas Torah—Candle-lighting	Mon., 22 Tishrei (Oct. 8)	7:10 p.m.
Simchas Torah—Birkas Cohanim	Tues., 23 Tishrei (Oct. 9)	approx. 9:45 a.m.
Simchas Torah—Kiddush, Hakafof, Torah Reading, Musaf	Tues., 23 Tishrei (Oct. 9)	approx. 10:00 a.m.
Eve of Shabbos Breishis—Candle-lighting	Fri., 26 Tishrei (Oct. 12)	6:04 p.m.
Eve of Shabbos Breishis—Mincha, Ma'ariv	Fri., 26 Tishrei (Oct. 12)	6:10 p.m.
Shabbos Breishis—Mincha, Ma'ariv	27 Tishrei (Oct. 13)	5:55 p.m.

Written on Rosh Hoshana, sealed on Yom Kippur, delivered on Hoshanna Rabba.

A KING THROWS A GREAT FEAST FOR A WEEK. THEN EVERYONE LEAVES BUT THE KING CALLS BACK HIS FRIEND. "PLEASE STAY WITH ME FOR ONE MORE MEAL. I CAN'T BEAR TO PART WITH YOU." THIS IS SHEMINI ATZERET. THE KING IS G'D AND WE, THE JEWISH PEOPLE, ARE HIS FRIEND.

May our Teshuva be sweet & true, filled with happiness, real and accepted!

The watchman who is always on duty. This is the heart.

THERE IS A REGULAR SLEEP AND THERE IS A VERY DEEP SLEEP. IN THE DEEPEST SLEEP, EVEN THE HEART IS ASLEEP EXCEPT FOR THE INNERMOST PART. ROSH HOSHANNA WAKES US UP FROM THE REGULAR SLEEP OF OUR LIVES. YOM KIPPAR WAKE UP EVEN THE HEART OF STONE.

BUT SOMETIMES THE HEART IS DULLED.

On Yom Kippur the gates of Teshuva are closed, but the gate of Tears is never closed.

Mistakes are built into the world.

On Sukkos, the deepest part of our hearts is awake through our eating and drinking joyfully in the Sukkah.

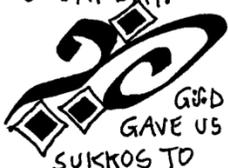
Do Teshuva before you pass away.

SINCE WE NEVER KNOW ON WHICH DAY WE'RE GOING TO DIE, WE HAVE TO DO TESHUVA EVERY DAY.

If you can ruin it, you can fix it.

A MAN ONCE WENT TO HIS REBBE AND SAID, "REBBE, TELL ME HOW TO DO TESHUVA." THE REBBE SAID, "NU? YOU DIDN'T HAVE TO ASK HOW TO SIN; WHY ARE ASKING HOW TO DO TESHUVA?"

WHAT IS TESHUVA? Just say, "I'm so sorry. I made a mistake. Please forgive me for what I did."



G'D GAVE US SUKKOS TO REMIND US TO BE HAPPY.

Sukkos reminds us to have faith in G'd.

THE SUKKAH IS SUCH A FLIMSILY BOOTH. YOU COULD HUFF AND PUFF AND BLOW IT DOWN. THE SUKKAH REMIND US



NOT TO PUT OUR FAITH IN TALL, MODERN TOWERS BUT INSTEAD TO TRUST IN G'D TO TAKE CARE OF US.

IF WE LIVE A PROPER DAY, THEN WE SLEEP A PROPER SLEEP.

Holy Sparks WWW.HOLYSPARKS.ORG ©2001-2012 RAE EKMAN

Mrs. Shterna Citron

"Rosh Hoshana, Yom Kippur & Sukkos: The Inner Connection" 16.83 ©2002 RAE EKMAN

Message from Efraim Lezak

Attitude adjustment: Hashem greets us in Elul with a smiling face. How do we greet those who need our assistance? Keep smiling!

May you be inscribed and sealed for a good, sweet year!

Kesiva vachasima tova. L'shana tova umesukah!

בברכת כתיבה וחתימה טובה לשנה טובה ומתוקה



Photo by Chava Gerber

Chinuch and the High Holidays

by Eliana Stern

There are two processes in *chinuch* which can be used to be *mechanech* a child. These are called "planting" and "building".

Planting refers to the planting of ideas in the mind which inspire the child to the behavior we want to see sprout in them. These ideas are general concepts which lead the child to conclude that the best path is the Torah-based ideal in front of them. In the case of *tznius*, planting would include teaching the child that their body is precious.

Building refers to inserting concrete behaviors into the child's world which form habits and/or patterns. Building can range from brushing teeth to having a set time for bedtime. To use the example of *tznius*, building would include dressing your daughter in long-sleeved shirts and skirts.

Both planting and building are necessary for a child. Without the planting of concepts and ideas, observance becomes rote and methodical, and may be eventually questioned. Without the building of good behaviors, a child becomes wild with ideas and no healthy outlet by which to express them.

To produce a grapevine requires a seed to sprout and a trellis along which the vine can grow. Just so, children require ideas to be planted and behaviors to be built.

What does this have to do with the High Holidays?

On Rosh Hashana, we plant the idea in our minds that Hashem is King. We focus on this idea, so that it will inspire us with awe and fill us with the desire to be close to Him. If we perform the process of planting correctly, we see that recognition of Hashem as King leads us to WANT to do *teshuvah*.

The next step is Yom Kippur (and the days leading up to it), where we build good behaviors for the new year. We do concrete things like ask for forgiveness, pray, and give *tzedakah*. We also shun the material in favor of the spiritual with activities that are considered building, such as fasting and wearing non-leather shoes. At the end of Yom Kippur we feel fulfilled that we have actualized our *teshuvah*, and come closer to Hashem.

We need Rosh Hashana and Yom Kippur as the model of how to teach our children. First we inspire, and then we teach concrete behaviors. We arouse our love for Hashem, and then we learn to get close to Him.

-Based on Planting and Building by Rabbi Shlomo Wolbe and lectures by Rabbi Leib Keleman.

Mazel tov

to the members of the daily Daf Hayomi shiur on the completion of Shas this year and participation in the worldwide twelfth Siyum Hashas:

The best testimonial is that the experience of that evening resulted in recommitting to learn Daf Yomi again. I think I'm hooked.

Elazar Plotke, shiur participant

Jewish Art in Elul and the New Year

featuring: AHARON ABA BEN AVRAHAM, RAE ANTONOFF, SARAH IZZARD, BARBARA MENDES, YORAM PARTUSH, & RAE SHAGALOV

August 23 – September 12, 2012

Barbara Mendes Gallery

2701 S. Robertson Blvd

Los Angeles, CA. 90034

The Joy of Yomtov; A Child's View

by *Sterna Citron*

If Shabbos was the highlight of the week, Yomim Tovim were the highlight of the year for my sisters and me growing up in Newark, New Jersey, in the 50's and 60's. Rosh Hashana and Pesach had an added attraction over the other Yomtovim. A few days before these two holidays, my mother shepherded her five girls to a discount store tucked away on busy Irvington Ave., owned by a Galicianer named Jonas. Racks were bursting untidily with clothes, but my mother managed to unearth some acceptable outfits which we tried on in a makeshift dressing room. After much arguing (back then as now, mothers and daughters did not always see eye-to-eye on style) and after my mother's haggling with Jonas in Yiddish, we emerged, satisfied with our acquisitions. In fact, we girls could barely wait until Yomtov to show off our finery to our friends in Shul. How their eyes would pop out when they saw us! Those new dresses became our "Shabbos dresses" and lasted us until Erev Pesach when it was off to Jonas once again. Ditto for the weekday outfits—no school uniforms in those days, yay!

I found out as an adult that these twice-yearly shopping trips are a universal Jewish practice. In fact, ba'al teshuva friends of mine who were raised conservative or reform told me their mothers had done the same with them growing up. I also learned that this tradition is more than just a nice Jewish custom. According to the Rambam, the way women and girls fulfill the Mitzvah of rejoicing on Yomtov is by acquiring new clothes to wear on the festival. (Men, on the other hand, fulfill *V'Somachto B'Chagecha* through imbibing a glass of wine each day of the Yomtov.)

The Rambam doesn't mention it, but it is also a way of making the holiday exciting for children. It certainly accomplished that for us, since back then shopping had not yet become a national pastime, and anyway, we would not have had the means to support such a hobby.

My parents had other ways, too, of building up anticipation for the Yomtov. On Erev Yomtov, my father Rav Eliyahu Chaim Carlebach a"h, with his knack of knowing what children find exciting, "took orders" from each of us. Each girl got to pick her choice of pastry which my father would buy. Almost always, we chose the "drop cookie," a Danish-sized soft chocolate-chip cookie which came in two flavors: vanilla and chocolate. These we consumed upon arising in the morning before going to Shul. It certainly served to make our Yomtov and Shabbos experience even more appealing than it already was, especially as my mother did not believe in children indulging in sweets in middle of the week. No doubt, all families have their individual customs of enhancing the Yomtov, but this was one of ours.

Only recently I discovered from former Newark *landsleit* that the kosher bakery where my father shopped, Bergen Bake Shop, was legendary in that part of the state. Not only that, but their drop cookie has never since been replicated anywhere else. What a pity!

One of my most indelible childhood memories of Yomtov is from Sukkos when my family lived on Bergen Street. I was quite young then, as I was ten when we moved from that two-story house. On the second evening of Yomtov, my father invited the neighborhood over for the Simchas Beis HaShoeiva. The meal was already over, and it was quite late by the time the guests arrived, children in tow. Cake, fruit, and drinks were served. The men piled into the Sukkah downstairs in the backyard and said divrei Torah, punctuated by P'Chaim's. The women gathered in the kitchen in our upstairs apartment, while the children played outside with my sisters and me. The night being cool and pleasant, we raced around the house, the driveway, and the Sukkah, playing hide-and-seek and tag, the Sukkah serving as our base, its one lamp beaming into the darkness as our light. The singing of the men drifted into the air while from the upstairs window came the tinkle of china as the women exchanged recipes, gave each other advice, shared stories, and sliced more food to send down to the men. Every once in a while, we stopped running just long enough to help ourselves to those sweets.

On those nights I, the proud hostess, dressed in one of my new festive outfits, was almost giddy with happiness. The hours flew by, but we felt no exhaustion. Despite the lateness, no one told us to go to sleep or to be quiet. Oh, the freedom! Oh, the exhilaration! Although as a child I was reserved and socially awkward, on that night I was in my element. I wonder about it now. Why was I so happy? I don't know if I could have articulated it then, but I'll try now: It was like Shabbos, only more so. You are in another dimension. Sure, you are in this world, you see cars going by, the neighbors' TV is blaring, but all that has nothing to do with you. You are on another plane, in a bubble, just us and Hashem. But upon reflection I think no, my exhilaration stemmed actually from something even simpler: I was sharing with my friends what was most precious to us: the pure joy of Yomtov.

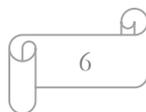




Photo by Chava Gerber

Spiced-Up Honey Cake from Chava Gerber

Chanterelle restaurant, New York City

Ingredients

- 1 ½ cups honey
- ¾ cup canola oil
- 1 cup strong brewed coffee
- 2 teaspoons vanilla extract
- 3 ½ cups all-purpose flour
- 2 teaspoons ground cinnamon
- 2 teaspoons ground ginger
- 1 teaspoon ground nutmeg
- 1 teaspoon ground coriander
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- ½ teaspoon salt
- 3 large eggs
- ¾ cup sugar

For the glaze:

- ¼ cup honey
- 2 tablespoons sugar
- 2 tablespoons unsalted butter

Preparation

1. Preheat the oven to 350°F. Oil a 12-cup Bundt pan or 13 x 9-inch rectangular cake pan.

2. First, make the cake: Combine the honey, oil, coffee, and vanilla in a small saucepan and heat, stirring constantly, until the mixture is well blended. Remove it from the heat and let cool.

3. Place the flour, cinnamon, ginger, nutmeg, coriander, baking soda, baking powder, and salt in a large bowl and stir to blend.

4. Place the eggs and sugar in a medium-size bowl and beat with a mixer on medium speed until the mixture is pale yellow and very thick, 5 minutes.

5. Pour the honey mixture into the egg mixture and beat until well incorporated, 2 minutes. Beat in dry ingredients in 2 batches. Stop the mixer occasionally and scrape down the sides until fully incorporated, 2 minutes more. Spread the batter evenly in the prepared pan and bake until the cake springs back when lightly touched with your finger and toothpick inserted in the center comes out clean, 40 to 45 minutes. Cool in the pan for 5 minutes, then place the pan on a wire rack to cool for 20 minutes. Run a long, sharp knife around the edge of the cake and invert it onto a rack to cool while you prepare the glaze.

6. Place the honey, sugar, and butter in a small saucepan and bring to a boil over medium heat, stirring constantly. Remove the glaze from the heat.

7. To glaze the cake, place it on a serving platter. Use a fork to gently poke holes all over the top of the cake. Brush on the glaze, letting it seep into the holes and down the sides. Serve the cake at room temperature.

Please watch your mail for the beautiful Ahavas Yisroel Synagogue calendar, due to arrive soon after Rosh Hashana. Thank you to Yaakov and Sara Binstok for their hard work. If you'd like to put an ad or a greeting in next year's calendar, please contact them at jb@jbmoving.com.

*...When I see pomegranate trees, in the neighborhood, bearing fruit...I'm so happy. I get a new burst of energy.
 Even though this happens in the sometimes difficult month of Av...I feel hopeful...I know I can make it 'til Tisbrei.
 I know that pretty soon it will be Elul...then Tisbrei!
 The glorious month of Tisbrei which brings Simchas Torah...
 What could bring more simchab?*

by Ilana Korchek



Photo by Chava Gerber

AYS Newsletter edited by Yehudis Litvak

If you're not yet on our Shul emailing list, please sign up now to keep abreast of the latest Shul news and happenings. Please email Yehudis Litvak at yehudisl7@yahoo.com with your email address.

Join us for uplifting services for Rosh Hashana and Yom Kippur! Come daven, sing, and hear stimulating divrei Torah at Ahavas Yisroel Synagogue for the High Holidays and Sukkos. Individual membership is \$100. Family membership is \$250. (Membership includes High Holiday seats.)

Please use the enclosed envelope to send in your membership donation.

Ahavas Yisroel Synagogue

731 N. La Brea Ave

Los Angeles, CA 90038

[Type the recipient name]

[Type the recipient address]